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September 5, 2008

NEWSNOTES

Laurel Hill Streets named in honor of fallen heroes

in honor of fallen heroes

Five Soldiers who died in the
Global War On Terrorism will be
honored this morning with
streets in the new Laurel Hill
Housing Area named in their
honor. COL Larry C. Boyd will
present plaques to the families of
SSG Edward Karolasz, SPC Yoe
M. Anieros, SPC Anthony J.
Dixon, SPC Adam D. Froelich
and SPC David P Mahlenbrock.
Families will be present to
receive the honorifics and to
view the street named in honor
of their individual Hero. The ceremony will be held on Montpeemony will be held on Montpe-lier Street at 10 a.m.

Job Fair set at Club Dix Sept. 17

The Job Fair Company and Fort Dix Employment Readiness program will host a recruiting fair Sept. 17 from 10 a.m. to 2 p.m. at Club Dix. More than 20 p.m. a cies. Those interested in attending should bring resumes and dress for the type of job they are seeking. For more information, call Donna Brady, 800-632-5532

Fort Dix opens doors to retirees Sept. 20

to returees Sept. 20
The Annual Fort Dix Retiree
Appreciation Day (RAD) is
scheduled for Saturday, Sept. 20.
The 2008 RAD will be held
in the Timmermann Conference
Center, located on Eighth Street
at Pennsylvania Avenue, Fort
Dix, from 8 a.m. to 2 p.m., and
all military retirees from all
services are invited to attend this
information filled morning.

Art Therapy sessions set to draw kids

set to draw kids

Art Therapy sessions will be offered for children faced with separation from their parents in the properties of the prop

WEATHER

FRIDAY - Mostly sunny and hot, high around 90 degrees. Chance of showers into evening, overnight

SATURDAY -- Cloudy and rainy, breezy throughout day. Daytime high of 78 and overnight low of 64

SUNDAY -- Partly sunny, breezy, daytime high of 82 and overnight low of 58

MONDAY -sunny, some afternoon clouds, high of 83 degrees and overnight low of 61.

TUESDAY -- Chance of thunderstorms, high of 84 and overnight low of 56 degrees.

WEDNESDAY -- Partly cloudy, high of 78 degrees and low of 57.

Remember tragedy, celebrate life: Jennifer M. McCarthy Public Affairs Staff The multi-platinum country music group. Lonestar, will pay tribute to for somany men and women that in the events of Sept. 11, 2001 by playing a free outdoor show Sept. 11 at to be an honor. On a day that marks to Doughboy Field. The Remembrance & Celebration of Life Concert is open continue to serve our country is going and the shows starts at 7 pm. Also performing that evening is comedian Dustin Chafin. Anyone wishing to attend who does not have proper access to Fort Dix must use the Special Events Gate on Pointville Road and will be

Johnson honored with top award

Family, Morale, Welfare and Recreation director, Sarah Johnson, was recognized for a career of outstanding achievement and support of the Army FMWR program August 27, when Maj. Gen. John McDonald, commander, FMWR Command, presented her with the Order of the White Plume during the FMWR Command Awards Banquet in Louisville, Ky. The White Plume was restablished in 1982 by the Adjutant General of the Army to recognize outstanding serv-

The White Plume was established in 1982 by the Adjutant General of the Army to recognize outstanding service and contribution to MWR and family programs. It is the Army's highest medal for achievement in support of Army MWR. Winners of the White Plume represent true service to the soldier, the Army, and the nation.

"Thanks to Ms. Johnson's progressive, people-focused philosophy and strong work ethic, she has built a robust, successful FMWR operation that consistently exceeds community expectations. Her accomplishments provided unquestionable improvements to the entire Fort Dix and surrounding communities. Her dedication to the Army and the people and programs she supports is uncompromised and is most deserving of this recognition. Wrote Joan Cole, chief of the Army wrote Joan Cole, chief of the Army Community Service evision in the MWR community of the program of the Control of the Army and the people and programs and the program of the Army of the Army of the MWR community of the Army of the MWR community for more than 3 years, the last 11 years as the program director on Fort Dix. She is the 362nd recipient of the Order of the White Plume since the inception of the award.

Under Johnson's leadership and often due to innovative thinking on her

Under Johnson's leadership and Under Johnson's leauersmp amo often due to innovative thinking on her part the FMWR directorate has been responsible for putting on or oversee-ing programs and events such as the (continued on page 3)



Hoping for hurricane rain

Fort Dix Firefighter Brian Middleton hoses down hot spots Aug. 29 while monitoring a slow-burning range fire in the impact area. Weeks of dry weather set the stage for the fire, and about 360d acres burned during the week, though the flames were controlled and never posed a hazzard to people or structures. While the flames have died out, firefighters are hoping for rain during the weekend to douse any remaining hot spots. For more information, see story on page 4.

Dix joins preparedness campaign

WASHINGTON (Army News Service, Sept. 2, 2008). The Army languanched the "Ready Army" campaign Sept. 2, in conjunction with the Department of Homeland Security's spational Preparedness Month, which encompasses the seventh anniversarry sorf the terrorist attacks of Sept. 11, 2001.

Ready Army is designed to prepare the entire Army family at installation is and communities across the nation and around the world for all apotential hazards, natural and mannade, officials said.

"While partnered and aligned with the Department of Homeland Security, with the Department of Homeland Security's management planning with the Department of Homeland Security is responders and antion and around the world for all apotential hazards, natural and mannade, officials said.

"While partnered and aligned with the Department of Homeland Security is not become the properties of the Army communities around the world for all apotential hazards, natural and mannade, officials said.

"While partnered Washer of the Security is the Security in the Department of Homeland Security is not because the installation is Germany. "In March, during Ready Army shootings, Let Ready Army shootings, Let Ready Army should enterpreae pracent spersonnel worked with city developed for shootings. Let Ready Army is designed to prepare the entire Army family at Germany from the properties and properties and properties and properties and properties. The properties are the community. The properties of the Army Dialation and the company of the Army Dialation and the company of the Army Dialation and the company of the Army Dialation, and the Army Dialation and the Case and the Army Dialation and the Army Dialation and Community entergency preparedness, Plata said. This Web-based tool allows Family and the Army Dialation and the Army Dialation and the Army Dialation and Case and Endough the Army Dialation a

www.dix.army.mil • America's busiest mobilization site

travel

Tourist chills out with Yankees, checks out New England

"We shall not cease from explo-

ration
And the end of all our exploring
Will be to arrive where we started
And know the place for the first
time."

time." poet T. S. Eliot

Memories of New England
were hazy. I vaguely recall
touring an old ship, probably
Old Ironsides, when I was a
small child and feeling lost in a

ord iroistuces, went was a small child and feeling lost in a department store that must have been in Boston. Also, relatives harping on the fact that Breed's Hill, was a focal point of famous struggles at the beginning of America's revolution. Having wondered amid Tenessee's Great Smokey Mountains and their cousins in North Carolina and West Virginia over the last few summers, it occurred to me that the time was ripe for another visit up north.

I planned another drive—

After visiting my brother's Andre visiting my brother's family for three days in a sub-urb of Rochester, I took off for New England on August 22.1 went up Rt. 2606 past Water-town and Fort Drum, stopping to dine at a roadside restaurant opposite Tupper Lake in the Adrionadacks. I arrived at Port Kent on Lake Champlain around 5 pm. Dut was too late to catch the ferry over to Burlington, Vt. A two hour wait ensued, offering time to review travel plans. I intended to drive through New England's classic mounts.



"Two voices are there: one is of the sea, One of the mountains; each a mighty voice." poet William Wordsworth, 1807





up north.

I planned another drivethrough cruise; driving incessantly until a bed, a bar, or
other attractions proved worthy
of a stop promising suitable
additions to my photo collection.

Steve Snyle

SURF AND TURF — With its glittering combinations of rugged seacoasts and towering mountains, the New England states have
never been anything but inspiring to poets and other afficionados of nature's splendor. On the left, a bronze statue of a Gloucester
other attractions proved worthy
of a stop promising suitable
additions to my photo collection.

A description of the film of the f



BIKER CHIC -- One can't remember seeing so many bicyclists in one place than those peddling up and down Vermont's Green Mountains.









THILE MOUNTAINS — More than 20 summits soar above 4,000 feet in New Hampshire's 770,000 acre White Mountain National Forest, located in the northern part of the Granite State. The mountains' populace includes many moose, a shy member of the deer family.



www.4seasonstoursandtravel.com BOSTON HARBOR -- Visitors can tour Boston by boat, seeing the city from a sailor's perspective.



HOME GROWN BREW — The Atlantic Brewing Co. makes "Real Ale" in Bar Harbor, Maine, a brew worthy of both its name and acclaim.





Steve Snyder

ACADIA NATIONAL PARK — Located mainly on Mount Desert Island in Maine, Acadia National Park
offers tourists an unspoiled paradise where motorists can drive around the 27-mile loop or check the
sights on foot, bike or horseback.

the Post

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1	Iraa correspondents		

Ist Sgt. David Moore, Staff Sgt. Shawn Morris both from 50th Infantry Brigade Combat Team (IBCT)

WE GUARANTEE DELIVERY of your Fort Dix Post
ery of your Fort Dix Post newspaper is handled by the Burlington County
for some reason you are not satisfied with the service of your newspaper.

Dix launches awareness, suicide prevention campaign

Jennifer McCarthy

Fort Dix will join the Department of Defense in observing National Suicide Prevention Neck, Sept.7 – 1.0.

Prevention Neck, Sept.7 – 1.0.

Day on Sept.10. The National Guard and Army Reserve will load a month-long observation. Sept. 6 through Oct. 5.

To help make Soldiers, family members, and civilian personnel aware of the resources available to them to help prevent suicide, training sessions will be held Sept. 11 and 12 at 9 a.m., 1 pm. and 3:30 pm. at Timmermann Center. These classes provide information on the warning signs of suicide, as classes provide information on the warming signs of suicide, as well as the resources available to help someone in distress. An information table will also be set up at the Joint Readiness Center on Sept. 8 and 9 to hand out information and hotline numbers to mobilizing troops. The theme for this year's Suicide Prevention Week is "Shoulder to Shoulder. No Soldier Stands Alone."

where leave your buddy alone

**Escort to the chain of command, a Chaplain, a behavioral health professional, or a chaplain, a behavioral health professional, or a primary care provider

The theme for this year's Soldier Shand Alone.

The theme supports atronger digether, especially when times are tough. It embodies the idea of being a battle buddy and brings meaning to "saving your buddy," slife." It is a reminder that some of thoughest battles a Soldier and face are not always on the field, but with one's self. The Warrior Ethos' states, "I will ever leave a fallen comrade." This statement allows Soldiers who have fallen to personal and mental health issues.

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Ask your buddy

- Have the courage to ask
- the question, but stay calm · Ask the question directly, e.g., Are you thinking of killing yourself?

Care for your buddy

- · Remove any means that could be used for self-injury
- · Calmly control the situation; do not use force
- · Actively listen to produce relief

Escort your buddy

- Never leave your buddy alone
- . Escort to the chain of



social activities.

People exhibiting these signs should be taken seriously and medical help should immediately be sought for them.

Failed relationships, legal and financial issues, and occupational and operational issues are cited as being the leading reasons Soldiers commit suicide.

reasons Soldiers commit sur-cide.

Fort Dix has many resources available to help Sol-diers, family members and employees who may be experi-encing these or other issues. The chapel, Army Community The chapet, Army Community Services and Employee Assis-tance Program (EAP) are just a few places to seek assistance. Help is also available on-line at www.militaryonesource.com and www. armyfamilieson-

line.org.
"I believe that it takes a affort to keep

POLICE LOG

Police Log is a weekly synopsis of significant police activ-ities developed from reports, complaints, incidents or infor-mation received and actions taken, for the week of August 2:

mation received and actions taken, for the week of August 25 through 31.

The abbreviation DoD stands for Department of Defense; NAFD means Not Affiliated with Fort Dix (the subject dosen't live of work here); NCIC stands for National Crime Information Center; DWI means Driving While Intoxicated; CDS means Controlled Drug Substance; POV means Privately USAF EC stands for VBAF Force Expeditionary Center; AHCC stands for Ambulatory Health Care Clinic (NAFB); WHIBC stands for VIFAM Memorial Hospital of Burlington County; CP# stands for Checkpoint Number.

**During a routine credential check of a vehicle attempting to enter the installation via CP#9, police discovered the vehicle operator, a civilian NAFD, had as suspended driver's license. The subject was cited and the vehicle released to a licensed driver.

licensed driver.

•Police responded to a motor vehicle crash at TAC #13 Investigation revealed a whicle, operated by a Soldier assigned to Fort Dix, struck the fence. There were no reported injuries and the vehicle was released to the operator at the

Police responded to a report of theft of private propert

•Police responded to a report of theft of private property at Bldg, 3152. Investigation revealed property secured in a locker belonging to a Fort Dix civilian employee had been taken by person(s) unknown. Investigation continues.
•During a routine credential check of a vehicle attempting to enter the installation via the Main Gate, police discovered the operator, a civilian NAFD, had a suspended driver's license. The subject was cited and the vehicle released to a licensed driver.

ilicense. The solice twas cited and the vehicle released to a coemsed drive.

Police operated a Sobriety Safety Checkpoint as directed by the Installation Commander. A total of seven vehicles were checked with negative findings.

Police responded to a motor vehicle crash at TAC #13. Investigation revealed a vehicle, operated by an airman assigned to Fort Dix, struck the vehicle inspection canopy. There were no reported injuries and the vehicle was released to the operator at the scene.

Police responded to a motor vehicle crash near Bldg. 5434. Investigation revealed a government vehicle, operated by a Soldier assigned to Fort Dix, struck a parked and unattended vehicle. There were no reported injuries and the vehicles were released to the operators at the scene.

Police responded to a motor vehicle crash near Bldg. 5650. Investigation revealed a vehicle, operated by an airman assigned to Fort Dix, struck a parked and unattended vehicle while backing. There were no reported injuries and the vehicles were released to the operators at the scene.

Police responded to a report of theft of personal property belonging to a Fort Dix. Evillate employee had been taken by "y at Bldg. 5344. Investigation revealed secured property belonging to a Fort Dix. Evillate employee had been taken by "Police responded to a traffic accident at the Main Shopepette. Investigation revealed a vehicle, operated by a Soldier assigned to Fort Dix. struck a parked and unaccounted while descent of the property belonging to a Fort Dix struck a parked and unaccounted while descent of the property of the property of the property of the parked and unaccounted while descent of the property of the prope

belonging to a Fort Dix civilian employee had been taken by person(s) unknown. Investigation continues.

• Police responded to a traffic accident at the Main Shoppette. Investigation revealed a vehicle, operated by a Soldier assigned to Fort Dix, struck a parked and unoccupied vehicle while backing. There were no reported injuries and the vehicles were released to the operators at the scene.

• Police responded to a traffic accident on Tennessee Avenue Investigation revealed a vehicle, operated by a Soldier assigned to Fort Dix, struck a parked and unoccupied vehicle while parking. There were no reported injuries and the vehicle accident on Fort Dix, struck a parked and unoccupied vehicle while parking. There were no reported injuries and the structure of the properties of th

here were tive expired identification in the period.
the period.
here were 30 Magistrate Court Citations issued for
g violations. DWI incidents remain at nine for the year

Johnson earns top FMWR award



MAKE A DIFFERENCE

Fort Dix is looking for interested residents who would like to volunteer

"Fort Dix volunteers improve the quality of life for all residents" Call Army Community Service at 562-2767

Camaraderie on menu at Dining-in

Maj. Theresa Bunn
RTC-E PAO

Maj. Gen. James Mallory
III, Commanding General of
the 108th Training Command,
Regional Training Center-East of
the Regional Train The staff of the Regional Training Center-East created a jubilant night to remember-complete with a bagpiper greeting guests of honor and attenhonor and attendees, a somber and reflective fallen comrade ceremony, and preparation of a creative concoction known as the "Grog for others, formal attire."

i i m p o s e a , including sev-eral trips to the ill tasting Grog Bowl for some, and multiple push ups for others, all while wearing



January 2008.

Catalanotti just returned from visiting his 98th Division troops in Iraq and they stated to him the RTC-East training was some of the best training weer had during their multiple deployments.

Mallory further praised the training staff stating the RTC-East has set the gold standard and that the Soldiers, at all leyels are saying the training vision to the standard and that the Soldiers, at all leyels are saying the training the standard and that the Soldiers, at all leyels are saying the training the saying the training the saying the training the saying the training the saying the s

en comrande cearmony, and preparation of a creative concoction known as the "Grog Bowl".

Honored guests included speaker Maj. Gen. Mallory, Commands Sgt. Maj, William Payne, of the 108th Training Payne, of the 108th Training Command, RTC-East Brigade Commander; Maj. Gen. James Mautory and taking a break from performs. Payne, of the 108th Training Command, RTC-East Brigade Commander, Maj. Gen. James Mautory and taking a break from performs. Payne, of the 108th Training Command, RTC-East Brigade Commander, Maj. Gen. James Mautory and Command Sgt. Maj. William Payne, command segregated and command Sgt. Maj. William Payne, command segregated and sergeated and sergeated and sergeated and sergeated and sergeated and praise and commands Collectively of the incoming professionalism and 1 salter commanding general form their accomplishments in a for their accomplishments in the fight of the form their commanding general form their

Pascual Flores "spot on" and their quality STARS AND STRIPES - Maj. Gen. James Mallory training is the coin of the III, far left, converses with Staff Sgt. Kelvin Watts, He was especially III, far left, converses with Staff Sgt. Relvin Watts, then ored guest from the Warrior Transition Unit, impresed with the non-commissioned officers's high qual-commander and Maj. Richard Shau, Brigade Operations Officer, during the Dining-In ceremony held Aug. 29 at Club Dix. The was especially impresed with the non-commissioned officers's high qual-times with the non-constituent of the many articles written about his unit during its assignment to actions Officer, during the Dining-In ceremony held Aug. 29 at Club Dix.

Smoldering range fire under control Lisa Evans Public Affairs Staff Unusual August weather has contributed of fres on Fer Dix for some years, according to For For S

NEIGHBORHOC

THE CORNER

Thrift Shop accepting Fall clothing consignments

The Fort Dix Thrift shop is now accepting Fall clothing consignments. Consignments are accepted Tuesdays and Thursdays from 10 a.m. to noon. Appointments are also available by calling 723-2683.

723-2683
The Summer Clearance Bag
Sale is also underway. For only
S2, shoppers can fill a bag will all
the TSP and PO6501 clothing that
will fit.
The Thrift shop is open Tuesday and Thursday from 10 a.m. to 2 p.m., the first and third Saturday
from 10 a.m. to 2 p.m. and the first
Wednesday of the month from 3
via 10 p.m. 1

p.m. to 7 p.m. For more information call 723-2683.

Help available for voter registration

Human Resources-Military (HR-M) will be offering voting Human Resources-Military (HR-M) will be offering voting registration assistance to Soldiers. Absentee Ballot request forms, absentee ballots, and voter registration guides are available for all states, as well as U.S. territories. Voter guides and absentee ballot request forms can be picked up Monday through Friday. 8 a.m. to 4 p.m. at the MPD/Customer Service office located at \$418.

ice office located at 5418 Delaware Ave., central wing, firs

Delaware Ave., central wing, first floor.

For more information contact voting assistance officers Maj. Marisol V. Lanza at 562-2598, or Master Sgt. Barbara Bookard at 562-2746.

Medication disposal can pose environmental threat

Proper disposal of unused or expired medicine is an emerging environmental issue. As with any household waste, the disposal method chosen can have a direct

method chosen can have a direct effect on safety and the health of the environment. Disposal via the toilet or the sink takes your drugs into the sewage system. Modern water treatment plants are not fully designed to deal with medication disposal.

disposal.

The full extent of environmental damage and the long-term health risks of even a small amount of medications in our drinking water remain unknown.

Any unused or expired medications can be brought back to your pharmacy for a safer, environmentally friendly disposal.

Volunteers needed for speaking engagements

SPURIARY ENGAGEMENTS

The Fort Dix Public Affairs

Office is looking for officer and senior NCO volunteers to help us in our community relations efforts by becoming part of our speaker's bureau. Please call Gerry Zanzalari at 562-4034 for more information.

Alcoholics Anonymous meetings held weekly

Part of the mission of the Army Substance Abuse Program is to support 12 Step Programs in the community. There are two Alco-holics Anonymous meetings on

A closed, members-only meet A closed, members-only meeting is held every Tuesday night at Bldg. 9013 from 7:30-8:30 p.m. On Thursday nights, there is a meeting at the Main Chapel from 7-8-p.m. (use the 8th Street parking lot entrance; the meeting is in the lounge near Fellowship Hal.) There is no cost except the desire to stop drinking behaviors that are harmful to yourself and others.

others.

If you or someone you care about needs help, these meetings are ANONYMOUS.

For more information, call 562-2020 or 4011, or stop by Building 5203.

305th Med Group makes cancellations easy

cancellations easy
Soldiers who cannot get to
scheduled medical appointments
on time at the 305th Medical
Group, McGuire Air Force Base,
may cancel their appointments by
calling 754–9287. The phone will
be staffed until 2 p.m., when it
will switch to a message system
that will be checked hourly.

Bikers donate 'gift of life'



Elisa Evans
Public Affairs Staff

Fort Dix bikers from the Harley
Owners Group gave blood during the Barley
Owners Group Group



Good, clean fun

The "Patriots" class at School Age Services are all smiles about learning how to smites about learning how to wash their hands from "Scrubby Bear" (Sue Lulias, American Red Cross Disaster Team volunteer) and Penny Tedesco, Pre-paredness Health and Safety educator on Aug 28.

Art, equality topics of discussion

Lisa Evans Public Affairs Staff

The groundbreaking artwork of an amazing woman, artist and women's activist, was the topic celebrating Women's Equality Day at Club Dix Aug. 29. Frida Kahlo's dedicated advocate, Jayne Yantz, art instructor and historian, educated 15 woman during her presentation.

Yantz teaches diversity, art and art history at Burlington County College.



with and against in Afghanistan and the properties of the first and activist Frida Kahlo, at Club Dix for Women's Equality Day, and Rivera, though deeply in which beraking a barrier at the Louvre when her work was purchased – the first the first decision artist represented by the world's most famous museum.

Married to artist Digo Rivera, who was one of the most popular artists of the first half of the 20th century and who overshadowed Kahlo until her death, Kahlo used her art to fight personal demons and societal wrongs.

Kahlo's work and activism for work and activism for women's rights began when she was life after marrying Digo Rivera in her art by bringing Mexican heritage with and gainst in Afghanistan and the restance of the most popular artists of the first half of the 20th century and who overshadowed Kahlo until her death, Kahlo used her art to fight personal demons and societal wrongs.

Kahlo's work and activism for work and activism for work and work and activism for the 20th of the 20th

Tips help get kids safety to schools

It's that time of year, time to trade the beach bag for the school bag and head back to school. New Hanover and Northern Burlington schools open Sept. 4 and Pemberston schools open Sept. 5. This can be a time of great treptagation for young people and parents alike, but there are steps everyone can take to ensure that the school year is as easy as learning the Mac S.

Before Leaving Home

Oreach your child the route open the doors to students on Sept. 8. This can be a time of great treptagation for young people and parents alike, but there are steps everyone can take to ensure that the school year is as easy as learning the Mac S.

Before Leaving Home
Oreach your child the route to shool and is ready for boarding.

Oreach your child the route to shool substitute the care of your child that is a shool of the same think was suicide.

Oreach your child to never the stranger under any circumstance.

Oreach your child the substitute of t

Students lament Summer's end



Use the same route each
me so that your child is famil-

■ Use the same rothe each time so that your child is familiar with it.

■ Newernsh - if you are late, you are late. Getting there are late, you are late. Getting there stoley the late of the children especially at bus stops and at the school itself.

■ Review laws and rules with older children that drive and remember that they are a greater risk when they ride together with friends.

Walking

■ Practice the path to and from school with your child.

■ Chair with your child.

■ The province of the season or the situation.

the situation.

Biking
Practice the path to and from school with your child.

Always wear an approved helmet - no matter how short the trip!

Bike with your child whenever possible.

Ensure your child dresses appropriately for the season or the situation.

Ensure that your child

the situation.

• Ensure that your child knows and obeys traffic rules and laws.

TARY MATTI

Army gives educational boost to recruits



ROTC offers special incentive program

Jennifer Chupko
Public Affairs Staff

The U.S. Army has announced a financial incentive pilot program is a college-based officer commissioning for a contract are dilipshof or the financial incentive pilot program for Reserve Officer Training Corps (ROTC) cadets that take college-courses in critical lan-guages areas.

The cadets are expected to commit to pursue college-level study staff courses on leaders are expected to a commit to pursue college-level studies for the regular Army, and professional ethics and is a furnit to pursue college-level studies for the regular Army, and professional ethics and is a furnit to pursue college-level studies for the regular Army, and professional ethics and is a furnit to pursue college-level studies for the regular Army, and professional ethics and is a furnit to pursue college-level studies for the regular Army, and professional ethics and is a furnit to pursue college-level studies for the regular Army, and professional ethics and is a furnit to pursue college-level studies for the regular Army, and professional ethics and is a furnit to pursue college-level studies for the regular Army, and professional ethics and is a furnit to committe the pursue college-level studies for the regular Army, and professional ethics and is a furnit to pursue college-level studies for the regular Army, and professional ethics and is a furnit to pursue college-level studies for the regular Army, and professional ethics and is a furnit to have a furnit to the program districts to help increase Army of time the Army Reserve or the Army Reserve Reserve Reserve Reserve Research Reserve Reserve Reserve Research Reserve Res

Shorts Sports

Griffith Field House

Saturday & Sunday 9 a.m. to 5 p.m. Monday - Friday 6 a.m. to 9 p.m.

Combat Fitness Training Challenge

Maximize the benefits of standard physical fitness training at the Griffith Field House. The Combat Fitness Training Challenge, every Monday and Wednesday from 6:30 a.m. - 7:30 a.m. is an in-

FORT DIX INTRAMURAL

tense military-style group workout given by certified Griffith Field House personal trainers and Army master fitness trainers.

The class includes running military-style calisthenics and drill exercises, cardio kickboxing and more. Call (609) 562-4888 for more.

Bowling League

The Tuesday Nite Keglers (Mixed-HCP) league is forming for the 2008/2009 winter season. Sign up at the Fort Dix Bowling Center. Teams

FOOTBALL

2008 Season begins in October!

Sign Up TODAY!

*Open to ALL Team Dix employees, dependents and contractors.

Flag football season begins in October and interested parties can sign up at the Griffith Field House.

Call Chris O'Donnell at (609) 562-4888 for more information about how to sign up for flag football.



Running of the Brigades

Col. Ronald Thaxton, installation commander, commends his Soldiers after a motivating early morning installation run Aug. 30, above. Thaxton and Col. Timothy Williams, 72nd Field Artillery Brigade commander, combined forces for the motivational Sk to welcome the Labor Day holiday. Below, Soldiers from Headquarters, Headquarters Battery 72nd Field Artillery Training Support Brigade, commanded by Capt. Javier Cortes, far left in bottom photo, take a cool down lap around the post headquarters after the early morning run.





Army Community Service (ACS)

 ${\it 562-2767} \\$ Bldg. 5201, on the corner of 8th Street and Maryland Avenue

Hours of Operation:
Monday through Friday, 7:45 a.m. to 4:30 p.m.

*A Department of the Army Accredited Solider and Family Service Organization Looking for information and assistance? ACS is here to serve you.
ACS serves all military branches of service, DoD civilian personnel and n
The ACS Center is accessible to individuals with disabilities



Devens training builds bridges



Army releases 2008 strategy



Chaplains' Corner

Chap. (Capt.) Mike Jones Task Force Mountain

A part of any deployment is the process of

unting days.

It seems there are various opinions on this It seems there are various opinions on this subject. Some choose not to count days because they say it makes time drag. Others could not care less. However, the individuals that intrigue me the most are the ones who seem to know exactly how many days they have been deployed and more importantly, how many days are left until they return bone.

how many days are left until they return home.

We all count days. This is an activity that has been a part of life for as long as I can remember. I remember when the end of a school year would draw near. Each day that passed was a day closer to no homework and fun filled summer days.

Another example that will resonate with each of us is Basic Training or OCS. Need I say more? We have all counted days in some form or fashion.

This past week, I heard of a young lady planning a weedding while here in Iraq. She was quick to let me know precisely how many days were left until the wedding. Another NCO let me know how many days until he saw his family.

Another NCO let me know now many days until he saw his family.

Still yet another Soldier, with his wife's constant reminding, told of how many days until the birth of a child. Further, I'd be remiss not to mention the countless promotions recently.

How many of these soldiers counted the days before receiving the increase in pay as well as responsibility? Again, we all count days; we just do it differently.

1'd like to follow Late Show host David Letterman's lead and offer the Top 10 reasons to count the days of a deployment.

10. Counting days gives perspective of deployment length

deployment length.

9. Counting days gives hope for future events.
8. Counting days gives a sense of accom-

plishment.
7. Counting days gives an opportunity to

plishment.
7. Counting days gives an opportunity to give thanks for perseverance.
6. Counting days gives endurance and resilience for the future.
5. Counting days gives an opportunity to pause and think about what we have learned.
4. Counting days gives an appreciation for the people and things we miss the most.
3. Counting days gives an appreciation for the people and things we miss the most.
4. Counting days gives the opportunity to grow spiritually.
2. Counting days gives the opportunity to analyze how well we are achieving goals.
1. Counting days gives the opportunity to analyze how well we are achieving goals.
1. Counting days in Psalm 90:12: "Teach us to number our days aright, that we may gain a heart of wisdom."

It's OK to look back as well as ahead but never forget the most important day to count; today. Make today count for something, and you'll be wiser for doing so.

Honoring the Colors

Reveille 6 a.m. (0600 hours)

Military personnel in uniform

Stand at attention, face the flag and salute at first note.

Military personnel not in uniform, face the flag and place right hand o

face the flag and place right hand over heart at first note.

Military personnel in formation or in a group

Military personnel group to "Attention," then "Present, Arms group to "Attention," then "Present, Arms" at first note. Calls "Örder. Arms" at

conclusion

Individual military Stop vehicle and exit. personnel, civilians in a vehicle

Group of military personnel in a vehicle

Stop vehicle. Individual in charge exits and follows steps above.

Stop vehicle and exit. Follow steps above.

Retreat 5 p.m. (1700 hours)

Stand at attention,

salute at first note

face the flag for <u>Retreat</u>, then

of To the Colors.

Stand at attention

at first note of To the Colors.

face the flag for

<u>Retreat</u>, then place
right hand over heart

Senior Soldier calls

group to "Attention," then "Parade, Rest" at first note of Retreat. Calls

retreat. Calls group to "Attention" and "Present, Arms" at first note of To the Colors, then "Order, Arms" at conclusion.

Stop vehicle. Individual in charge exits and follows steps above.

Other bugle calls heard on post are:

Tattoo........9 p.m. (2100 hours)
Call to Quarters........9:30 p.m. (2130 hours)
Taps.......10 p.m. (2200 hours)

JEWISH HIGH HOLY

DAYS

SCHEDULE OF SERVICES AT MAIN POST CHAPEL Yom Kippur Oct. 8 Kol Nidrei 6:15 p.m.

Rosh Hashanah Sept. 29 Candle lighting 6:24 p.m. Service 6:30 p.m.

Sept. 30 Shacharie ris & Shofar blowing 9 a.m. Mincha/Maariv 6:25 p.m

Oct. 1 Shacharis & Shofar blowing 9 a.m. Mincha/Maariv 6:25 p.m.

Oct. 9 Shacharis 9 a.m. Yizkor 11 a.m. Mincha/Maftir Yonah 5:45 p.m Neilah 6:45 p.m

WATERFRONT PARK

BENEFIT BASEBALL/SOFTBALL GAME (TRENTON THUNDER) ONE THUNDER ROAD TRENTON, N.J.

Friday, September 26, 2008 7:00PM (Rain Date: Sunday, September 28, 2008)

ARMY VS JERSEY TROOPERS

BENEFICIARIES:

Family of DSFC Dwayne M. Kelley #4806 & Wounded Soldiers (Fort Dix-WTU) of NJ

CONCESSIONS WILL BE OPEN TICKET DONATION:\$10.00

FOR TICKETS CONTACT: Mark Wettengel - (848) 992-1643 Troopers James Fish - (609) 915-8106 Troopers Miguel Cartagena - (609) 203-1186 Troopers

Announcements

Cinema Schedule 754-5139 McGuire Air Force Base

Friday, Sept. 5 @ 7:30 p.m.

Swing Vote: Kevin Costner, Madeline Carroll, Paula Patton, Kelsey Grammer, Dennis Hopper, Nathan Lane, Sandey Tucci, George Lopez. When the mischievous antics of a precocious 12-year-old grif result in the outcome of the United States presidential election hinging on the vote of her apathetic, likable loser of a father, the man who thought that life had long national spotlight in this political-themed comedy starring Kevin Costner.

MPAA Rating: PG-13 - Language

Saturday Matinee, Sept. 6 @ 3 p.m.

Wall-E. Ben Burnt, Elissa Knight, Jeff Garlin, Fred Willard, Macintalk Drew Willard, Macintalk Drew Willard, Macintalk Garlin State of the State of Wall-E- Ben Burtt, Elissa Knight, Jeff Garlin, Fred Willard, Macintalk

MPAA Rating: G Run Time: 1 hr. 37 min

Saturday, Sept. 6 @ 7:30 p.m.

The Munmy; Tomb of the Dragon Emperor-The Fast and the Furious director Rob Cohen continues the tale of a globe-trotting adventure that finds explorer Rick O'Connell and son attempting to thwart a resurrected emperor's (Jet Li) plan to enslave the entire human race. If she en 2,000 years since China's merciless Emperor Han and his formidable army were entombed in terra cotta clay by a double-deal-ing sorceress (Michelle Yeoh), but now, after centuries in suseneded animation, an ancient centuries in suspended animation, an ancient curse is about to be broken.

MPAA Rating: PG-13 - Intense violence and some menace. Run time: 2 hr. 32 min.

Future Features...

Friday, Sept. 12 @ 7:30 p.m. Step Brothers -R-crude and sexual content, and pervasive language Run time: 1 hr. 35 min.

Saturday, Sept. 13 @ 7:30 p.m. Sisterhood of the Traveling Pants-PG-13- Mature material and sensuality Run Time: 2 hours

Chapel Services

562-2020 Sunday Services

Combined Protestant/Gospel Service will be held on Sunday, September 14 at Willow Pond Park, corner of 8th Street and Texas Avenue at 10 a.m. Following the combined service a picnic will be held. All are invited and welcome

Protestant	9 to 10 a.m
Catholic Mas	10:15 to 11:15 a.m
Gospel	11:30 a.m. to 1 p.n
Sunday School	10 to 11:15 a.m
CCD '	9:15 to 10 a m

Chapel 5 - Bldg. 5950, Church Street General Protestant Service......6:30 p.m.

NCO Academy Protestant Field Service -Bldg. 5417, Texas Avenue 8:30 a.m. September 7 and 14

Camp Victory - Chaplain's tent Hour of Power			
Protestant	8 to 9 a.m		
Catholic	8 to 9 a.m		
Mormon			
Lowish	8 to 0 a m		

Religious Services Jewish High Holy Days

Monday, Sept. 29 Rosh Hashanah lighting 6:24 p.m./ Service 6:30 p.m.

Tuesday, Sept. 30 Mincha/Maariv 6:25 p.m. Wednesday, Oct. 1
Shacharis & Shofar blowing 9 a.m.

Islamic Prayer room 7 a.m. to 4:30 p.m. Monday through Friday - Room 24

Christian Women of the Chapel -ible Study - All are invited to a Welcome T le Study - All are invited to a Welcome at the Main Chapel on Sept. 9, 7 p.m.

Christian Men of the Chapel -Prayer Breakfast - Fourth Saturday of each month, 9 to 11 a.m.

Job Openings

The following appropriated fund non-per-sonal services contracts are available. The contract period is Oct. 1, 2008 - Sept. 30, 2009 with two option years.

GOSPEL CHOIR DIRECTOR CHAPEL YOUTH SPECIALIST

Contact Mrs. Deborah Terrell, (609) 562-2093

Griffith Field House

Bldg. 6053 562-4888

*East Coast Wrestling September 11 at 6 p.m. Admission is \$5.

562-2767 Bldg. 5201 Maryland Avenue

Monday Sept. 8 AFTB Level 1 11:30 a.m. - 12:30 p.m. American Red Cross

Tuesday, September 9 Hearts Apart Support Group 10 a.m. -1 p.m. , ACS

Wednesday, September 12 Resume Writing Seminar 11:30 a.m. - 12:30 p.m., ACS

Tuesday, September 30 Small Business O & A 5:30-7:30 p.m., ACS

Banking/Credit Union Services

Bldg. 5201, ACS 1:30 to 2:30 p.m.

Youth Center

562-5061 Bldg. 1279 Locust Street Hours of Operation:

Monday - Friday 2 - 7 p.m. Saturday 1 - 7 p.m. Sunday CLOSED Administrative Hours:

Tuesday - Friday from noon-6 p.m.

Monday Sept. 8 First day of School

Weekly Schedule

Monday -Friday

Power Hour 2:30-3:30 p.m. Computer Lab 4-6 p.m.

Friday

Torch Club 4-5 p.m

Saturday

Spades Tournament 4-6 p.m.

Arts & Crafts

Bldg. 6039 562-5691

Arts & Crafts will be closed August 30 for Labor Day Registration Hours: Tues. 9 a. m. - 4:45 p.m.; Wed. & Thurs. 12 - 5 p.m. and 6-8:45 p.m.; Fri. 11 a.m. - 4:45 p.m. and Sat. 9 a.m. - 4:45 p.m.

Outdoor Recreation Bldg. 6045 562-6667

John Mann Park Summer Hours

Wednesday through Thursday Friday through Sunday Mondays and Tuesdays For more information call 562-6667 1 to 7 p.m. 1 to 8 p.m. Closed

FMWR presents

CLUB DIX - 723-3272

Club Dix Hours of Operation

Java Café

Monday-Friday 7 a.m. - 1:30 p.m

Lunch Served Tuesday -Friday 11 a.m. -1:30 p.m. Saturday - Monday Closed

Bar Hours

Wednesday 5 - 10 p.m.
Thursday - Saturday 6 - 10 p.m.
Sunday - Tuesday Closed

Computer Lab

Monday & Tuesday 7 a.m. - 1:30 p.m. Wednesday - Friday 7 a.m. - 10 p.m. Saturday Noon - 10 p.m. Sunday 10 a.m. - 6 p.m.

*Ballroom Dancing is coming to Griffith Field House. Every Thursday starting Septem-ber 4. Learn basic routines for the waltz, swing/jitterbug, foxtrot, and an introduction to Latin Dance. Partners not required. Call 562-4888 for details.

**Operation Rising Star - September 12, 19 and 26,7 to 10 p.m. - The Army version of American Idol. Win the ultimate recording music experience. Open to Active Duty, National Guard or Reserve from any branch the services and Family members at least 18 years of age. Registration deadline is September 12. All auditions are open to the post community. Call Bob at 562-6772 for more details.

*Texas Hold'em Tournament at Club Dix -September 19 - Pre-registration is \$19, at the door is \$24. Call 723-3272 or 723-3273 for details.

Aquatic Center

Indoor Pool 562-2808

Hydro Aerobics Mondays 5:30 to 8:30 p.m., Wednesdays 9 to 10 a.m. & Sat. 10:30-11:30 a.m. at the indoor pool.

The indoor pool will be closed for mainte nance September 2 to 15.

Outdoor Pool open until Sept. 16

Monday-Friday

Military retires/Adult Military dependents
16-8 a.m.
Military retires/Adult Military dependents
10-11:30 a.m.
Working DoD/Active Duty
11:30 a.m. - 1 p.m.
Recreational Swim
1-5 p.m.

Saturday Lap Swim 10:30 a.m. - 12 p.m Recreational Swim 12-6 p.m

Sunday Closed

ountay Closed

Book a party any day at the Indoor Pool. Sign
up for swim lessons, or maybe a safety class at
the Indoor Pool. Both classes fill fast so don't
hesitate. Call 562-2808 for prices and availability.

Soldiers, Sailors combine forces

Ryan Morton
Public Affairs Staff

Joint training — it's a term
that's become synonymous
with the military today, and
here af Fort Dis. Headquarters,
Headquarters Company (HHC)
staffairs Batalion
applies this principle in full as
t is comprised of Soldiers and Asalors training together sideby-side for an upcoming mission in Iraq. The unit, out of
Fort Lewis, Washington, is
made up of approximately 36
Soldiers and 17 Active Dury
Sailors. The Sailors in the unity
Sullors. The Sailors in the unity
Countered for the task.
The civil affairs mission is
unique in the sense that the
units work to help countries
the units work to help countries
the units work to help countries
the with the sailors in the unity
Chief Donald Robertson, IHIC
448th Civil Affairs Ba.
Robertson said that large
with the mission is the services, people, and resources to
better themselves," said Navy
Chief Donald Robertson, IHIC
448th Civil Affairs Ba.
Robertson said that large
with the mission is the mission of the local people."

An example of this would
be going into a war torn or
impoverished town, city, or village and making an assessment
of the needs of the community
and helping the people gets esttled and situated.

Take for instance the
reference services of get
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Affairs Ba. has been training
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the job done.
Affairs Ba. has been training
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the wolk that of the instead of solders
work we been able to blend and
work very well together, and
work very well togethe

werybowg to be people get set-tided and situated. Take for instance the rebuilding of a school. In this case the HHC 448th Civil ter place than when we arrive," Affairs Bn. would show the



LANGUAGE BARRIER — Soldiers and Sailors from Headquarters, Headquarters Company (HHC) 448th Civil Affairs Battalion, out of Fort Lewis, Washington, conduct their final training preparations at Fort Dix's Balad training range, September 3. Top right, Capt. Scott "Scooter" Blair deals with a curious local villager during the training scenario, played by a role-play actor called a Civilian on the Battlefield (COB). Lower left, Spc. Rejeana Dodson stands guard while she and her fellow Soldiers and Sailors respond to enemy fire. Below-middle photo, Naval Li, g. Laura Nevel communicates with her interpreter in the scenario, played by a COB, as they consult with town officials, while Staff Sgs. Jeffrey Kroiss stands guard and keeps an eye on Nevel and her interpreter. These Soldiers and Sailors have been training at the installation for nearly two months and will soon depart on their civil affairs mission to Leas supporting installation for nearly two months and will soon depart on their civil affairs mission to Iraq supporting







Quartermaster cleans house while training



photos by Ryan Morton

HEAVY LOAD — Spc. Alfredo Chalas, 140th Quar-termaster Co., Detachment 2, out of Fort Totten, N.Y., loads laundry into the Laundry Advanced Sys-tem (LADS) at Fort Dix, Sept 2.

BDU.

They've been hard at work training here at Dix and will soon take a few well-earned days off to go home to visit loved ones before departing on



